THE SCOOP ON POOP

Nothing comes out the bottom unless something goes in the top!

WHAT TO EXPECT THE FIRST WEEK



Days 1 and 2
Black, thick, and sticky



Days 3 and 4
Green and pasty



Day 5 and after Yellow, seedy, and runny

WHEN TO CALL FOR HELP

If your baby has black stools on day 3, green stools on day 5, or less than 3 stools a day after day 1, call your baby's health care provider right away.



THE SCOOP ON POOP

The color and number of stools will help you know if your baby is getting enough to eat.

NUMBER OF STOOLS THE FIRST WEEK



Day 1 - One or more stools



Day 2 - Three or more stools



Day 3 - Three or more stools



Day 4 - Three or more stools



Day 5 - Four or more stools



Day 6 - Four or more stools



Day 7 - Four or more stools

WHAT IS A STOOL?

A stool is a stain the size of your baby's fist, or at least 1 teaspoon of solid material.